

LEARNING OUTCOMES for Lower Key Stage Two of 'Life to the Full'

Use the tabs below for KS1 and UKS2



| MODULE | UNIT | Session | Learning Outcome | |
|------------------------------|---------------------------|---------|------------------------------|--|
| Created and Loved By God | Religious Understanding | 2.1.1.1 | Designed for a Purpose | <p>We are created individually by God who is Love, designed in His own image and likeness; God made us with the desire to be loved and to love and 'to make a difference': each of us has a specific purpose (vocation); Every human life is precious from the beginning of life (conception) to natural death; Personal and communal prayer and worship are necessary ways of growing in our relationship with God; In Baptism God makes us His adopted children and 'receivers' of His love; by receiving the Sacrament of Reconciliation, we develop good habits (grow in human virtue); It is important to make a nightly examination of conscience.</p> <p>That in Baptism God makes us His adopted children and 'receivers' of His love. That by regularly receiving the Sacrament of Reconciliation, we grow in good deeds (human virtue).</p> |
| | | 2.1.1.2 | The Sacraments | |
| | Me, My Body, My Health | 2.1.2.1 | We Don't Have to be the Same | <p>Similarities and differences between people arise as they grow and make choices, and that by living and working together ('teamwork') we create community; Self-confidence arises from being loved by God (not status, etc).</p> <p>About the need to respect and look after their bodies as a gift from God through what they wear, what they eat and what they physically do</p> <p>Learn what the term puberty means; Learn when they can expect puberty to take place; Understand that puberty is part of God's plan for our bodies.</p> <p>Learn correct naming of genitalia; Learn what changes will happen to boys during puberty; Learn what changes will happen to girls during puberty.</p> |
| | | 2.1.2.2 | Respecting our Bodies | |
| | | 2.1.2.3 | What is Puberty? | |
| | | 2.1.2.4 | Changing Bodies | |
| | | 2.1.2.5 | Discussion Groups | |
| | Emotional Well Being | 2.1.3.1 | What Am I Feeling? | <p>That emotions change as they grow up (including hormonal effects); To deepen their understanding of the range and intensity of their feelings; that 'feelings' are not good guides for action; What emotional well-being means; Positive actions help emotional well-being (beauty, art, etc. lift the spirit); Talking to trusted people help emotional well-being (eg parents/carer/teacher/parish priest).</p> <p>To recognise that images in the media do not always reflect reality and can affect how people feel about themselves.</p> <p>Some behaviour is wrong, unacceptable, unhealthy and risky; Thankfulness builds resilience against feelings of envy, inadequacy and insecurity, and against pressure from peers and the media.</p> |
| | | 2.1.3.2 | What Am I Looking at? | |
| | | 2.1.3.3 | I am Thankful | |
| | Life Cycles | 2.1.4.1 | Life Cycles | <p>That they were handmade by God with the help of their parents; How a baby grows and develops in its mother's womb including, scientifically, the uniqueness of the moment of conception; How conception and life in the womb fits into the cycle of life; That throughout their lives human beings act at three integrated levels: physical, psychological and spiritual.</p> |
| Created to Love Others | Religious Understanding | 2.2.1.1 | Jesus, My Friend | <p>That Jesus loves, embraces, guides, forgives and reconciles us with him and one another; The importance of forgiveness and reconciliation in relationships, and some of Jesus' teaching on forgiveness; That relationships take time and effort to sustain; We reflect God's image in our relationships with others: this is intrinsic to who we are and to our happiness.</p> <p>Ways to maintain and develop good, positive, trusting relationships; strategies to use when relationships go wrong; That there are different types of relationships including those between acquaintances, friends, relatives and family; That good friendship is when both persons enjoy each other's company and also want what is truly best for the other; The difference between a group of friends and a 'clique'.</p> <p>Develop a greater awareness of bullying (including cyber-bullying), that all bullying is wrong, and how to respond to bullying; Learn about harassment and exploitation in relationships, including physical and emotional abuse and how to respond.</p> <p>To recognise that their increasing independence brings increased responsibility to keep themselves and others safe; How to use technology safely; That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others; How to report and get help if they encounter inappropriate materials or messages.</p> <p>How to use technology safely; That bad language and bad behaviour are inappropriate; That just as what we eat can make us healthy or make us ill, so what we watch, hear, say or do can be good or bad for us and others; How to report and get help if they encounter inappropriate materials or messages.</p> <p>To judge well what kind of physical contact is acceptable or unacceptable and how to respond; That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and parish priest.</p> |
| | | 2.2.2.1 | Friends, Family and Others.. | |
| | Keeping Safe | 2.2.2.2 | When Things Feel Bad | |
| | | 2.2.3.1 | Sharing Online | |
| | | 2.2.3.2 | Chatting Online | |
| | | 2.2.3.3 | Physical Contact | |
| Created to Live in Community | Religious Understanding | 2.3.1.1 | Trinity House | <p>God is Love as shown by the Trinity – a 'communion of persons supporting each other in their self-giving relationship'; The human family is to reflect the Holy Trinity in mutual charity and generosity.</p> <p>That the human family is to reflect the Holy Trinity in mutual charity and generosity; The Church family comprises of home, school and parish (which is part of the diocese).</p> <p>To know that God wants His Church to love and care for others. To devise practical ways of loving and caring for others.</p> |
| | | 2.3.1.2 | What is the Church? | |
| | Living in the Wider World | 2.3.2.1 | How do I Love Others? | |

You may copy and paste this information to your own Excel sheet or Google Sheet.

Note the following changes to the programme for September 2020:

- Module One - Religious Understanding (**Kester's Adventures**). We are producing an alternative series of sessions for this Unit.

- New sessions on **First Aid and Drugs, Alcohol & Tobacco** will be added to all Learning Stages

- Sessions on the **Trinity** (Module 3) are being rewritten

- A 4th learning stage for **EYFS** will be added

- **SEN Differentiation** will be included

- **Suggested Extension Activities** will be added